

# February Menu

Monday Feb 2

Beef Enchilada Pie  
Spanish Rice & Corn  
Lettuce Salad  
Cantaloupe  
Skim Milk

Wednesday Feb 4

Pork Roast  
Brown Gravy  
Mashed Potatoes  
Summer Mixed Vegetables  
Three Bean Salad  
Lettuce Salad  
Canned Pears  
Skim Milk

Friday Feb 6

Seasoned Salmon  
Rice Pilaf  
Steamed Asparagus  
Lettuce Salad  
Wheat Bread  
Cantaloupe  
Skim Milk

Monday Feb 9

Herb Baked Chicken Breast  
Garlic Roasted Potatoes  
Country Gravy  
Broccoli  
Carrot Raisin Salad  
Lettuce Salad  
Mandarin Oranges  
Skim Milk

Wednesday Feb 11

Meatballs  
Spaghetti Noodles  
Marinara Sauce  
Spinach  
Lettuce Salad  
Orange Applesauce  
Skim Milk

Friday Feb 13

Roast Beef  
Brown Gravy  
Mashed Potatoes  
Carrots  
Pineapple Tidbits  
Skim Milk

Monday Feb 16

**NO LUNCH  
PRESIDENTS  
DAY  
HOLIDAY**

Wednesday Feb 18

Chicken Tenders  
Potato Wedge Fries  
Broccoli  
Lettuce Salad  
Canned Peaches  
Skim Milk

Friday Feb 20

Grilled Chicken Patty  
Marinara Sauce  
Baked Sweet Potato  
Zucchini & Corn  
Cantaloupe  
Skim Milk

Monday Feb 23

Enchiladas  
Mexican Rice & Beans  
Lettuce Salad  
Corn  
Unsweetened Applesauce  
Skim Milk

Wednesday Feb 25

Kielbasa Sausage  
Spaghetti Noodles  
Alfredo Sauce  
Calico Beans  
Glazed Carrots  
Lettuce Salad  
Mandarin Oranges  
Skim Milk

Friday Feb 27

Grilled Ham & Cheese  
Sandwich  
Cream of Potato Soup  
Pickle Chips & Carrot Sticks  
Lettuce Salad  
Fresh Banana  
Skim Milk